

# A new dimension in body sculpting

truSculpt® 3D

## Frequently Asked Questions

### What is truSculpt 3D?

truSculpt 3D is the newest advancement in circumferential reduction and non-surgical body sculpting that offers up to 24 percent fat thickness reduction, as measured by ultrasound, in a single treatment. It is RF (radio frequency) technology that delivers deep heating energy to adipose tissue for body sculpting.

### Am I a candidate for truSculpt 3D?

The provider will determine whether you are a candidate for truSculpt 3D during the consultation. Typically, appropriate patients have a BMI less than 30.

### Can truSculpt 3D be used on all skin types?

Yes, this treatment can be done on all skin types.

### How long does a treatment take?

Treatment time depends on the areas treated. To treat an abdomen and both flanks (4 areas) will take about one hour.

### How many treatments will be needed?

Patients typically see results after one treatment. Some patients may elect to have a second treatment for final tweaks or for treatments on alternate areas.

### What will the treatment feel like?

The treatment is performed using a technique that requires the operator to lightly glide the handpiece over the area being treated. The temperature will slowly heat up and is very comfortable. Most patients comment that the procedure feels like a hot stone massage.

### Can I return to normal activities after my treatment?

Yes, this is a noninvasive procedure and you can return to all normal activities immediately after the treatment.

### Is there any downtime after the treatment or side effects?

There is no downtime or side effect after this treatment. The treatment area may feel tender following the treatment but this will resolve within a few days.

### When will I see results?

After the treatment, your body's immune system will start to break down and flush out the fat cells that were treated leading to circumferential reduction. Everyone's body does so at a different rate however, on average, people will see results around 6-8 weeks after the treatment and continuing improvement up to 3 months.

**Schedule your free consultation today.**

Practice Name  
Phone Number

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